

**Medical Statement for Students with Special Dietary Needs In Child  
Nutrition Programs**

**Student's Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**School Name:** \_\_\_\_\_ **Grade Level:** \_\_\_\_\_ **Classroom:** \_\_\_\_\_

**Please check one box below:**

**Does the student have a disability that requires the student to have a special diet or feeding equipment/utensils?**

**Yes**

**If Yes,** describe the disability and the major life activity affected by the disability. The form must be signed by a physician. Return it to the school when completed.

Describe the disability/diagnosis: \_\_\_\_\_  
\_\_\_\_\_

**If the student is NOT disabled, does he/she have a medically certified special dietary need?**

**Yes**

**If Yes,** the form must be signed by a physician, physician assistant or nurse practitioner. Return it to the school when completed.

**Diet Prescription:** (use back of form if more space is needed)

List Food Allergies/Intolerances (list specific food(s) to be omitted): \_\_\_\_\_  
\_\_\_\_\_

List Allowable Food Substitutions: \_\_\_\_\_  
\_\_\_\_\_

Indicate any texture modifications and which foods need to be modified:

Chopped/Cut up: \_\_\_\_\_

Ground: \_\_\_\_\_

Pureed: \_\_\_\_\_

Liquid Modifications: Honey / Nectar / Other (specify)

List special equipment/utensils needed:  
\_\_\_\_\_  
\_\_\_\_\_

Additional comments about the student's eating patterns or dietary modifications:  
\_\_\_\_\_  
\_\_\_\_\_

**Physician's or Medical Authority's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_