

Allergen Chart

Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Condiments Variety Norwin - LR100047		C			C				
Condiments, Syrup Americana, Portion Pac 1.5oz, Heinz - SR106671									
Gravy, Trio - LR100078									
Jelly, Assorted 1/2 oz, Smucker's, 5150000774 - SR106395									
Jelly, Single Service Jellies, Monarch, 273005 - SR102113									
Margarine, Fresh Buttery Taste Spread 5g, Land O' Lakes, 19705 - SR104801									
Sauce Cheese, Nacho, Trenton Farms-not creditable - LR100106					C		C		
Syrup Cup - LR100168									

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"The Max" Pizza Sticks - LR100093									
3 Cheese Mini Ravs w/Twisted Bread Stick - LR100154		C			C		C		C
Baked Ziti - LR100081				C	C				C
BBQ Rib Sandwich - LR100114									C
Big Daddy's w/Pepperoni - LR100046					C		C		C
Bosco Cheese Sticks -7" - LR100211					C				C
Bosco Stick, Whole Grain 6", Norwin - LR100076					C				C
Bread, 7" Whole Grain Apple Stick, Bosco's Pizza Co., 2172, WGR - SR100185									C
Bread, Cheese Bosco Stick, 7" Whole Grain Reduced Fat, Bosco's Pizza Co, 2015A, MMA, WGR - SR100617					C				C
Breakfast Pizza, 51% WG Turkey Sausage Cheese Sub, Tony's, Schwan's Food Service, 63912, MMA, WGR - SR107034					C		C		C
Breakfast Sandwich, Egg and Cheese on Bagel, WG, M - SR103007		C			C		C		C
Breakfast Stick, Whole Grain Original Breakfast Sticks, Sausage Wrapped Pancake, State Fair / Sara Lee, 70481, WG, MMA - SR105475		C			C		C		C
Breakfast, Bagel w/ Egg & Cheese - LR100178		C			C		C		C
Breakfast, Bagel, Egg, Cheese, Ham Sand - LR100144		C			C		C		C
Breakfast, Bagel, Egg, Cheese, Sausage Sand - LR100145		C			C		C		C
Breakfast, Croissant w/Egg & Cheese - LR100177		C			C		C		C
Breakfast, Croissant, Egg, Cheese, Ham Sand - LR100143		C			C		C		C
Breakfast, Croissant, Egg, Cheese, Sausage Sand - LR100142		C			C		C		C
Breakfast, English Muffin w/Egg, Cheese, Ham - LR100180		C			C		C		MC
Breakfast, English Muffin, Egg, Cheese, Sausage Sand - LR100181		C			C		C		C
Cheese Quesadilla w/Salsa - LR100193					C		C		C
Cheese Sticks & Toasted Italian Bread Dippers - LR100117					C		C		C
Cheese, Low Moisture Part Skim Mozzarella, String - SR101168					C				
Cheeseburger on WG Bun - LR100042									C

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Chef Salad w/Rolls - LR100158		C			C		C		C
Chicken & Gravy over Mashed Potatoes - LR100187		C			C		C		C
Chicken Fajitas - LR100096							C		
Chicken Giggles, With Roll, Brakebush - LR100051		C			C		C		C
Chicken Nuggets, WG w/WG Roll - LR100134		C			C		C		C
Chicken Parm Sandwich - LR100119				C			C		C
Chicken Patty - LR100018				C			C		C
Chicken Quesadilla w/Salsa - LR100194					C		C		C
Chicken Rings with roll - LR100110									
Chicken Sticks, Hot & Spicy w/Roll - LR100146		C			C		C		C
Chicken Tender with Roll, Tyson - LR100052		C			C		C		C
Chicken, Golden Crispy Whole Grain Popcorn, Tyson Foods Inc, 70368-928, MMA, WGR - SR105302							C		C
Chix Nuggets w/Roll, Tyson - LR100053		C			C		C		C
Chix Sticks w/Roll, Tyson - LR100054		C			C		C		C
Comp Meal - LR100174		C			C		C		C
Corn Dog Nugget - SR107055		C			C		C		C
Country Chicken Bowl - LR100118					C		C		C
Crunchy Fish Sticks w/Roll - Elem - LR100214		C	C	C	C		C	P	C
Crunchy Fish Sticks w/Roll - HC, MS, HS - LR100213		C	C	C	C		C	P	C
Egg, Omelet Cheddar Cheese, Frozen, Michael Foods, 46025-85037, MMA - SR105874									
Entree, Breaded Mozzarella Cheese Sticks, Elems, M - SR100738					C				C
Entree, Breaded Mozzarella Cheese Sticks, HS, MMA, - SR100726					C				C
Entree, Turkey & Provolone On Flat Bread, MMA, WG - SR101631							C		C
Fish Sandwich w/Cheese - LR100155			C		C				C
French Toast Sticks w/Sausage - Breakfast - LR100175					C		C		C

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French Toast Sticks w/Sausage - Lunch E, HC, MS - LR100205					C		C		C
French Toast Sticks w/Sausage - Lunch HS - LR100206					C		C		C
French Toast, Sticks made with Whole Grain, Aunt Jemima, Pinnacle Food Service, 43586, WG - SR100259					C		C		C
General Tso's Chicken over Rice - LR100013							C		C
Gluten Free - LR100172		C			C		C		C
Granola Bar, Ultimate Breakfast Round Baked Cinnamon, Rich's Foodservice, 08733, WGR - SR100497		C			C		C		C
Grilled Chicken Salad w/Rolls - LR100159		C			C		C		C
Grilled Chicken Sandwich - LR100020							C		C
Halloween Shaped Nuggets w/Roll, Brakebush - LR100050		C			C		C		C
Hamburger on WG Bun - LR100045									C
Hot Dog an a Bun Norwin E, HC ,MS - LR100152							C		C
Hot Dog an a Bun Norwin HS - LR100200							C		C
Hot Dog w/Bun - Norwin - LR100063									C
Hot Dog, HS, MS - LR100161							C		C
Hot Turkey Sandwich w/Gravy - LR100199		MC			C		C		C
Italian Dunkers E,HC, MS - LR100212					C		C		C
Jamwich, 5.6 oz - LR100084									
Knights Chilli w/Rolls - LR100101									
Lasagna Roll-Up w/Roll - LR100197		C			C		C		C
Lil' Chix Nuggets - LR100082									
Macaroni and Cheese w/Roll, RF RS, LOL - LR100190		C			C		C		C
Macaroni and Cheese, Reduced Fat, Whole Grain, Cooked, Land O'Lakes, 43277, MMA, WGR - SR102398		C			C				C
Mandarin Orange Chicken - LR100014				C	C		C		C
Max Pizza Sticks - Elem - LR100216					C		C		C
Max Pizza Sticks - HC, MS, HS - LR100217					C		C		C

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Meatball Hoagie Elem/HC - LR100005		C			C		C		C
Meatball Hoagie MS/HS - LR100006		C			C		C		C
Mihn Teriyaki Chix w/Rice - LR100067									
Minh General Tso's w/Rice - LR100070									
Minh Sweet & Sour Chix w/Rice - LR100069									
Minh Teriyaki Chicken - LR100064									
Mini Corn Dogs - Elementary - LR100185									
Mini Corn Dogs - HS - LR100186									
Mini Donuts, Chocolate - LR100163									
Mini Pierogies w/Twisted Bread Stick - LR100147		C		C	C		C		C
Mrs T's Pierogies w/ Cheese Stick - LR100056		C		C	C		C		C
Mushroom Burger - LR100077									C
Nacho's - LR100021					C		C		
Nachos Grande - LR100122					C		C		
New Chef Salad, E, HC, MS Norwin - LR100060		C			C		C		C
Norwin Breakfast Sandwich - LR100179		C			C		C		MC
Norwin Hoagie/ALC Lunch - LR100022							C		C
Norwin Sandwich Bar - LR100136							C		C
Omelet w/Toast - LR100164					C		C		C
Pancake, Mini Pancake Maple Burst'n, Pillsbury, General Mills, 31971, WGR - SR100160		C			C				C
Pancakes w/Sausage - E, HC, MS - LR100202		C					C		C
Pancakes w/Sausage - HS - LR100201		C					C		C
Pancakes, 4" - LR100165									
Pasta, Ravioli, Whole Grain Jumbo Cheese, Tasty Brands, 00804WG, MMA, WGR - SR100342		C			C				C
PBJ, Smuckers 2.6 oz w/Cheese Stick & MJM - LR100131						C			C

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Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Big Daddy's Cheese Pizza - SR100496					C		C		C
Pizza, Big Daddy's Original, 16" Rolled Edge Cheese, Schwan's Food Service Inc., 73142, MMA, Non-WG - SR102010					C		C		C
Pizza, Cheese, Thick Crust, 4x6, 5.1 oz, Tony's, Schwan's Food Service, Inc. 68521, MMA, WG, Veg-RO - SR106637					C		C		C
French Bread Cheese Pizza - SR100365					C		C		C
Stuffed Crust Cheese Pizza - SR101359					C		C		C
Pizza, WG Cheese Pizza,16", Rolled Edge, Big Daddy's, Schwan's Foodservice, 78926, WG, MMA, Veg-RO - SR100372					C		C		C
Pizza, Whole Grain/Reduced Fat Stuffed Crust Pizza, Bosco's Pizza Co., 1462, WGR, MMA, Veg-RO - SR101010					C				C
Popcorn Chicken Salad w/Rolls - LR100160		C			C		C		C
Popcorn Chicken w/Roll - LR100157		C			C		C		C
Pretzel Dippers - LR100130					C		C		C
Ravioli's (Jumbo) - LR100204		C			C		C		C
Roasted Chicken, 8 Piece w/Rolls - LR100156		C			C		C		C
Roasted Turkey w/WG Stuffing Elem HC - LR100150					C		C		C
Roasted Turkey w/WG Stuffing HS MS - LR100149					C		C		C
Salad Bar Norwin - LR100024		C			C		C		C
Sandwich, Grilled Cheese Whole Grain, Reduced Sodium American Cheese & Mozzarella, Hot Off The Grill, Integrated Food Service, 13400, WGR, MMA - SR100231				C	C		C		C
Sandwich, Ham/Cheese Hoagie, MMA, WG - SR100179				C			C		C
Sloppy Joe - LR100184									C
Sloppy Joes - LR100192									C
Soft Beef Tacos - LR100025									
Soft Chicken Tacos - LR100124									
Spaghetti w/Meat Sauce w/Roll - LR100123									
Spaghetti w/Meatballs - LR100092									
Spicy Chicken Patty on WG Bun - LR100019							C		C

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Spicy WG Chix Sticks w/Roll - LR100135		C			C		C		C
Stuffed Shells w/Roll - LR100198		C			C		C		C
Sweet & Sour Chicken over Rice - LR100017							C		C
Teriyaki Chicken over Rice - LR100016							C		C
TexMex Beef Rice Bowl - LR100182		C			C		C		C
Thai Chili Chicken - LR100015				C	C		C		C
Turkey & Provolone on a Bun - LR100058									C
Turkey Roll-Up - LR100203					C		C		C
Turkey, Breast & Thigh Meat Netted - LR100080									
Uncrustables, 2.6 oz Peanut Butter & Grape Jelly Sandwich on Wheat, Smucker's, 5150006960, WGR, MMA - SR100463						C			C
Waffle Sticks w/Sausage - Breakfast - LR100170		C			C		C		C
Waffle Sticks w/Sausage, Lunch-E, HC, MS - LR100207		C			C		C		C
Waffle Sticks w/Sausage, Lunch-HS - LR100208		C			C		C		C
Walking Taco - E, HC, MS - LR100196					C				
Walking Taco - HS - LR100195					C				
White Pizza - LR100191					C		C		C
Yogurt, Trix Triple Cherry Yogurt, Low Fat 4 oz, General Mills, 70470-31077, MMA - SR101017									

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Fruits									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Apples, canned, unsweetened, sliced, in water, wit - SR102654									
Apples, raw, with skin, F - SR105078									
Apples, Red Delicious, raw, with skin [100514] - SR107602									
Applesauce, canned, unsweetened, regular (pureed) form, without salt [100208, A350] - SR105080									
Applesauce, Cherry Unsweetend NFG - LR100137									
Applesauce, Cinnamon Unsweetend NFG - LR100139									
Applesauce, Country Berry, Healthy Harvest, Mott's, F - LR100103									
Applesauce, Country Berry, Healthy Harvest, Mott's, F - SR100296									
Applesauce, Peach Medley, Healthy Harvest, Mott's, - SR100356									
Applesauce, Peach No-Sugar added NFG - LR100138									
Applesauce, Strawberry Unsweetend NFG - LR100140									
Applesauce, Summer Strawberry, Healthy Harvest, Mott's, F - SR100546									
Applesauce, Unsweetend NFG - LR100141									
Apricots, canned, halves, unpeeled, fruit and juic - SR102641									
Banana Dippers - LR100173									
Banana, Petite 150 Count, Raw, Fresh, Packer, F - LR100057									
Bananas, raw - SR105089									
Blackberries, raw - LR100171									
Blueberries, frozen, unsweetened - SR105144									
Cantaloupe Spears - LR100088									
Clementine - LR100100									
Craisins, Sweetened Dried Cranberries, Blueberry Flavor, Ocean Spray 23446, F - SR107767									
Craisins, Sweetened Dried Cranberries, Cherry Flavor, Ocean Spray 23444, F - SR107766									
Craisins, Sweetened Dried Cranberries, Original, Ocean Spray 29455, F - SR107768									

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Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Craisins, Sweetened Dried Cranberries, Strawberry Flavor, Ocean Spray 23445, F - SR107765									
Fruit cocktail, (peach and pineapple and pear and - SR103051									
Fruit cocktail, (peach and pineapple and pear and grape and cherry), canned, juice pack, solids and liquids - SR105178									
Fruit, mixed, canned, packed in extra light sucrose syrup [110233]111 - SR105183									
Fruit, Peach Cup 4.75 oz, AdvancePierre Foods, 801401, F - SR106211									
Fruited Jello - LR100099									
Grapefruit Half - LR100039									
Grapes, american type (slip skin), F - SR105187									
Honey Dew Spear - LR100089									
Juice Variety - LR100041									
Juice, 4.4 Fl oz Orange Pineapple and Cherry Swirl, Frozen, 100% Juice Cup, J&J Snack Foods Corp, 23 - SR100588									
Juice, 4.4 Fl oz Wild Cherry, Frozen, 100% Juice Cup, J&J Snack Foods Corp, 23060000, F - SR100586									
Juice, 4.4 Fl oz, Strawberry Pomegranate, Frozen, 100% Juice Cup, J&J Snack Foods Corp, 23060005, F - SR100587									
Juice, 4.4 Fl oz Orange Pineapple Premium Frozen 100% Juice, J&J Snack Foods Corp, 23060010, F - SR101036									
Juice, Breakfast Variety, K-12, TVASD, F - SR104971									
Juice, Mixed Berry & Lemon Swirl 4.4 Fl oz , Frozen, 100% Juice Cup, J&J Snack Foods Corp, 23060025, F - SR100590									
Juice, Watermelon, 4.4 fl oz, Frozen, 100% Juice Cups, J&J Snack Foods Corp, 23060015, F - SR100584									
Oranges, raw, all commercial varieties, F - SR105217									
Peaches, clingstone, canned, diced, packed in extra light syrup [100220, A409] - SR105220									
Peaches, clingstone, yellow, sliced , fruit and juice; fruit juice or light syrup; sugar or similar sweetener, such as corn syrup, may be added [100219, A408] - SR105221									
Pears, Bartlett, canned, diced, packed in extra light sucrose syrup [110237] - SR105228									
Pears, Bartlett, canned, diced, packed in extra light syrup [100225, A434] - SR105229									
Pears, raw - SR105232									

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Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Pineapple Orange Medley - LR100183									
Pineapple Spear - LR100090									
Pineapple, canned, juice pack, solids and liquids - SR105250									
Pineapple, Canned; cubes, in light syrup, 6/#10 cans; as purchased - SR105252									
Raisin, Box 1.5 oz - LR100128									
Sliced Apples - LR100102									
Strawberries, frozen, thawed, sliced or diced, sweetened (packed in sugar or Brix syrup) [100256, A417] - SR105110									
Tangerines, (mandarin oranges), canned, juice pack - SR105085									
Tangerines, (mandarin oranges), canned, light syrup pack - SR105084									
Warm Cinnamon Apples - LR100031									
Warm Cinnamon Peaches - LR100032									

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Grains									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Animal Cracker, 1oz Whole Grain Pre-Packaged Jungle Crackers, 200 ct, J & J Snack Foods, 039085, WGR - SR104962									C
Bagel, 100% Whole Wheat 2 oz, Lender's Bagels, Pinnacle Food Service, 00018, WGR - SR100634									C
Bread Slice, Whole Grain Ultra Cinnamon Burst 3.4oz, Super Bakery, 6074, WGR - SR107115		C					C		C
Bread, 100% Whole Wheat Bread, Morabito, 506, WG - SR101615					C		C		C
Bread, Whole Grain Ultra Bread Slice Banana (96g), Super Bakery, 6071, WG - SR100528		C					C		C
Bread, Whole Grain Ultra Bread Slice Wild Forest Berry (96g), Super Bakery, 6073, WG - SR105631									
Bread, Whole Grain Ultra Bread Slice Zucchini (96g), Super Bakery, 6072, WGR - SR105630									
Bread, Whole Grain White 24oz, Baker's Touch, Bimbo Bakeries USA, 71673-01212/3239, WG - SR101001							C		C
Bread, Whole Wheat, School 55%, Morabito, 28, WG - SR100893					C		C		C
Cereal and Toaster Pastry - LR100030							C	MC	C
Cereal Bar, Cinnamon Toast Crunch, General Mills, 45576, WGR - SR101396							C		C
Cereal, 25% Less Sugar Cinnamon Toast Crunch, General Mills, 16000-29444, WGR - SR102305							C		C
Cereal, Cheerios Toasted, Self-Serve Bowl, General Mills, 16000-32262, WG - SR106239									
Cereal, Cocoa Puff 25% Less Sugar, Self-Serve Bowl, General Mills, 16000-31888, WGR - SR100892									
Cereal, Honey Nut Cheerios, Self-Serve Bowl, General Mills, 16000-11918, WGR - SR100820									MC
Cereal, Lucky Charms, Bowl Pack, General Mills, 16000-31917, WGR - SR100887									
Cereal, Reese's Puff, Bowl Pack, General Mills, 16000-31919, WGR - SR100824						C			MC
Cereal, Rice Chex, Bowlpak, General Mills, 16000-31921, WGR - SR106279									
Cereal, Total Raisin Bran, Self-Serve Bowl, General Mills, 16000-12392, WGR - SR100521								MC	C
Cereal, Trix, 25% Less Sugar Bowlpak, General Mills, 16000-31922, WGR - SR100524									
Cinnamon Roll - LR100028									
Cinnamon Rolls, Mini Cinnis Pull Apart Rolls, Pillsbury General Mills, 33686, WGR - SR104478					C				C

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Dinner Roll - LR100105									
Donut, Whole Grain GoodyRing 2.5 oz, Super Bakery, 18400, WGR - SR105602		C			C		C		C
Mini Cinni - LR100029									
Mini Donut, Powdered - LR100129									
Muffin, Smart Choice Apple Cinnamon TOP, IW, Muffin Town, JSB Industries, 57666, WG - SR102893		C			C		C		C
Muffin, Smart Choice Banana TOP 2 oz, Muffin Town, JSB Industries, 57675, WGR - SR100836		C			C		C		C
Muffin, Smart Choice Blueberry TOP, IW, Muffin Town, JSB Industries, 57661, WGR - SR100839		C			C		C		C
Muffin, Smart Choice Chocolate Chip TOP, IW, Muffin Town, JSB Industries, 57670, WGR - SR100840		C			C		C		C
Muffin, Wild Blueberry, Delicious Essentials, 4 oz, Otis Spunkmeyer, 10147, WG - SR102145		C					C		C
Pancake, Mini, 2.25", Non-WG - SR100507		C			C		C		C
Pancakes, Maple Burst'n Mini K-12 Hot Breakfast, Pillsbury, General Mills, 32259, WGR - SR106372		C			C				C
Pancakes, Minis Maple, Eggo, Kellogg's, 3800092562, WGR - SR106101		C			C		C		C
Pancakes, Strawberry Splash Mini Pancakes K-12 Hot Breakfast, Pillsbury, General Mills, 32261, WGR - SR100161		C			C				C
Pastry, Pillsbury Cherry Frudel 2.29 oz, General Mills, 127851000, WGR - SR101581					C				C
Pastry, Pop-Tarts Frosted Cinnamon Made With Whole Grain, Kellogg's, 38000-55122, WG - SR100502							C		C
Pastry, Pop-Tarts Frosted Strawberry Made With Whole Grain, 1.76 oz./12/10, Kellogg's, 38000-55130, WGR - SR106318							C		C
Strudel, Apple Frudel K-12 Hot Breakfast, Pillsbury, General Mills, 127852000, WGR - SR100158					C				C
Strudel, Cherry Frudel K-12 Hot Breakfast, Pillsbury, General Mills, 127851000, WGR - SR102114					C				C
Stuffing - LR100079									
Toast Stack - LR100167					C		C		C
Turnover, Apple Pie 3.75 oz, Cutie Pie, Horizon Food Group, 3101-94, WGR, F - SR100514							C		C
Turnover, Cherry Pie 3.75 oz, Cutie Pie, Horizon Food Group, 3106-94, WGR, F - SR100513							C		C
Waffle Stix WG, Belgian Chef - LR100040									

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Waffle, Whole Grain Stix 1.1 oz, Belgian Chef, Van's International Foods, 30089947002514, WGR - SR106056		C			C		C		C
Waffles, Made with Whole Grain, Aunt Jemima, Pinnacle Food Service, 43577, WG - SR102120		C			C		C		C
Waffles, Mini Maple Madness, Pillsbury, General Mills, 18000-44306, WGR - SR100447		C			C		C		C
Waffles, Mini, Blueberry Bash, Pillsbury, General Mills, 18000-44326, WGR - SR100346		C			C		C		C

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Milk									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Milk Variety - LR100007					C				
Milk, 1% Lowfat Milk, Milk - SR100974					C				
Milk, Fat Free Chocolate, TruMoo, Dean, MILK - SR101513					C				
Milk, Fat Free Milk, Milk - SR100977					C				

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Vegetables									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Beans, Baked Beans, Veg-BP - SR100803									
Beans, Garbanzo, Canned; Chick peas, extra fancy, 6/#10 can; as purchased - SR105105									
Beans, green, cooked from frozen, whole or cut (french or sliced lengthwise), drained, without salt [100351, A070] - SR105101									
Beans, kidney, all types, mature seeds, canned - SR105109									
Beans, lima, baby, canned dry beans, low-sodium, solids and liquids [100371, A082], VEG-BP - SR105111									
Beans, lima, baby, canned dry beans, low-sodium, solids and liquids [100371] - LR100215									
Beans, Vegetarian Baked, VEG-BP - SR104475									
Beans, Wax, Canned; - LR100003									
Black Beans - LR100107									
Broccoli and Cauliflower - LR100097									
Broccoli and Grape Tomatoes - LR100086									
Broccoli, Broccoli Frozen Boiled, Veg-DG - SR102476									
Broccoli, raw - SR105147									
Broccoli, Spears, No Salt Added, Frozen, USDA 110282, Veg-DG - SR101278									
Brussels Sprouts, Frozen, Cooked, Veg-O - SR100579									
Carrots and Celery - LR100087									
Baby Carrots - SR105158									
Carrots, baby-cut, fresh, peeled [100982] - 4 oz - LR100210									
Carrots, Frozen, Steamed, Veg-RO - SR100812									
Carrots, Orange and Yellow Sunshine, Frozen, Norpac Grande Classics 11491, Veg-RO - SR100232									
Carrots, Sunshine - LR100188									
Cauliflower, frozen, cooked, boiled, drained, without salt - SR105164									
Cauliflower, Raw, USDA 11135, Veg-O - SR102329									
Celery, raw - SR105165									

Allergen Chart

Generated on: 3/16/2016 8:13:26 AM by Marian Cromling

Vegetables									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Celery - SR100178									
Cole Slaw - LR100098									
Corn with Black Beans - LR100091					C				
Corn, golden or yellow, whole kernel, cooked from frozen, drained, without salt [100348, A130] - SR105269									
Creamed Spinach - LR100094									
Cucumber, peeled, raw - SR105279									
Cucumber, with peel, raw - SR105245									
Edamame, Shelled - LR100127									
Edamame, Whole, Simplot, 10071179003236, Veg-BP - SR105995							C		
Glazed Carrots - LR100125									
Hummus - LR100209									
Juice, Fruitables Plus, Tropical Twist, 100% Juice, Apple & Eve, Veg-O - SR106409									
Lettuce & Tomato, 1/4 Veg-RO, 1/8 Veg-DG - SR102791									
Mashed Sweet Potatoes - LR100085									
Mashed, Potato Pearls - LR100095									
Mixed Vegetables, 4-Way Mixed Vegetables (Carrots, - SR101815									
Mushrooms, white, raw - SR105206									
Cooked Peas - SR104074									
Peppers, sweet, green, raw - SR105243									
Pizza Sauce, Extra Heavy w/ Basil, Red Pack, Red Gold, RPKNX99, Veg-RO - SR100406									
Potato Puffs, Frozen, Oven-heated, Commodity, Veg- - SR103715									
Potato, Hash Brown Triangle Patties, Ore-Ida, McCain Foods, OIF00049A, Veg-S - SR102739									
Potato, Potato Pearls Excel Sweet Mashed, Basic American Foods, 10425, Veg-S - SR100258							C		
Prince Edward Veggies - LR100062									

C: Contains | P: Processed in a facility that also processes | MC: May contain

Allergen Chart

Vegetables									
Menu Item	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Soy	Tree nuts	Wheat
Refried Beans - SR105266									
Sauce, Spaghetti Sauce, Red Gold, 205391, Veg-RO - SR100498									
Side Salad Norwin - LR100061							MC		
Soup, Condensed Tomato Soup, Prepared, Healthy Request, Campbell's Foodservice, 0051000041456, Veg-RO - SR106789									
Spinach, frozen, chopped or leaf, cooked, boiled, drained, without salt - SR105117									
Sweet Potato, Bites, Harvest Splendor, McCain, MCF05034, Veg-RO - SR100916									
Sweet Potato Puffs - SR101295									
Tater Tots Low Sodium - LR100222									
Tomatoes, Raw, Cherry, Commodity, Veg- RO - SR101407									
Vegetable, Glazed Carrots, Veg-RO - SR103646							C		
Vegetable, Vegetable Medley, Veg- O - SR100212							C		
Vegetables, Oriental Blend, Monarch, 673427, Veg-O - SR104875									
Veggie Boat - LR100162									

Report Selections:

Report Option: Menu Items on Active Menus